



## Quality Home Care Assistance Checklist

This checklist is to help you identify the assistance level needed be completed by a Quality Cares Inc. home care worker. For each question, answer if help is needed and indicate how often. This will help in determining who to hire to work in the home.

### Home Health Assistance Provided by Certified Nursing Assistant (CNA) and Home Health Aide (HHA)

- Bathing
- Dressing
- Feeding
- Exercising
- Grooming - Hair and Personal Hygiene
- Incontinent Care
- Colostomy Care
- Assist with G-Tube Feeding
- Transfer and Ambulating
- Assist with Self Administered Meds

### Home Health Assistance Provided by Companions

- Light Housekeeping
- Laundry - Wash and Fold
- Washing Dishes / Utensils
- Bagging Garbage and Disposing
- Changing Linens, Make Beds
- Shopping for Household Essentials
- Reading and Writing Tasks
- Preparing and Serving Meals
- Escort for Client Needs

[www.QualityCares.com](http://www.QualityCares.com)

Offices: Beaumont Office – (409) 832-0011 | Spring / Woodlands Office (281) 362-1155 | Tyler Office (903) 882-0900  
Calling Areas: 1-888-832-3002

Calling Area: Port Arthur/ Mid County/ Orange (409) 729-2273 |  
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